

Mandarin Cove

SPORTS & COUNSELING

Agreement Concerning Minors

The involvement of children, adolescents and young adults in sports therapy can be highly beneficial to their overall sports development. Very often, it is best to see them with parents and other family members; sometimes, they are best seen alone. I will assess which might be best for your athlete and make recommendations to you. Obviously, the support of all the child's caregivers is essential, as well as their understanding of the basic procedures involved in working with athletes.

Communication with me is important so that I can tailor treatment to address specific issues. A parent or guardian will be available for consultation if such consultation will help with the athlete's progress.

The issue of confidentiality is critical in working with children and adolescents and young adults. Minors seen in individual sessions (except under certain conditions) are not legally entitled to confidentiality (also called privilege); their parents have this right. However, unless minors feel they have some privacy in speaking with a sports therapist, the benefits of therapy may be lost. Therefore, I would like us to agree that these minors are entitled to their privacy however, that privacy is erased if sports therapist becomes aware of child abuse, neglect, molestation, or danger to self or others.

Now that the various aspects surrounding confidentiality have been stated, the specific agreement between you and your child follows:

I, (name) _____ (relationship to child) _____
I, (name) _____ (relationship to child) _____
agree that: child (name) _____

should have privacy in his/her sports therapy sessions, and I agree to allow this privacy except in extreme situations, as stated above. At the same time, except under unusual circumstances, I understand that I have a legal right to obtain this information.

To increase the effectiveness of the sports therapy, I agree to the following:

I will do my best to ensure that therapy sessions are attended. If my child prefers not to volunteer information about the sessions, I will respect his/her right not to disclose details. Basically, unless my child has been abused or is a clear danger to self or others, the therapist will normally tell me only the following:

- Whether sessions are attended
- Whether or not my child is generally participating
- Whether or not progress is generally being made

Parent/Guardian Signature: _____ Date: _____

Parent/Guardian Signature: _____ Date: _____

Minor Signature: _____ Date: _____